

Thank you for your interest in the <u>Huron Valley United Racing</u> mountain bike team. We are looking forward to another successful season and we hope you decide to join us!

We are Huron Valley United, a local mountain bike *club* operating through Huron Valley Rec & Ed, as well as a scholastic/composite mountain bike race *team*, operating under MiSCA (<u>Michigan Scholastic Cycling Association</u>), riding in Milford, Michigan. We invite students grades K-12, of all abilities, from across the Huron Valley school district and beyond to join us as one united team to discover what the sport of mountain biking is all about.

The mountain bike club starts riding mid April through May one time per week. Our mountain bike club is open to all and is intended for the kids to ride with their friends for fun as opposed to riding in appropriate pace based groups. You may register for the Huron Valley Mountain Bike Club rides here.

From June through October, we transition to 2 practices per week through our Huron Valley United Racing mountain bike team. The race team is there for those students who enjoyed the club rides and are interested in developing their skills a little further. Team registration through MiSCA is outlined below. If you are in high school and are looking for a Varsity Letter, please review the criteria outlined here. Although we offer opportunities to race as a team, it is not necessary for you to participate in races in order to join us on our rides. We have students who only join us for the club rides in the spring and for the practices in the summer and fall. They have a ton of fun and we think it's great!

We ride on local mountain bike trails and get to be outdoors all season long! Team members will develop technical skills and will improve their fitness through riding with the team. We focus on preparing the students to race in MiSCA's <u>all-youth</u>, 6-race series in the Fall through MiSCA. We do not have tryouts; everyone gets to ride every minute no matter his/her ability or skill level.

Why join Huron Valley United Racing? It's simple... When you ride with HVUR kids, riding is more fun. You have others to ride with and to encourage you. You will greatly improve your mountain bike skills in a supportive, positive, and enjoyable team environment to help you achieve your best efforts. Racing is optional and not required to be on the team, but you can still enjoy the support and camaraderie in a team environment. All school-age kids are welcome.

Our coaches are great and are here to help you to achieve and succeed at your mountain biking goals. All of our coaches have received background checks and are trained per MiSCA standards with concussion training. Our coaches are Level 1, 2, or 3 certified with CPR/First Aid along with completion of Coach clinics.

This will be our 9th season of being a team and we have grown exponentially each season. We welcome you to join Huron Valley United Racing and to fall in love with the sport of mountain biking if you haven't already. Cycling can be a lifelong passion from young to old.

How to Join the HVUR team:

- 1. Register formally with MiSCA at miscabike.org or by clicking here. Registration is open now. When registering, you will select "Huron Valley United Racing" as your team. You will be prompted for a code (please email: hvunitedracing@gmail.com for the code). You will then be added to our team roster. We will communicate with you before our first practice.
- 2. Please join our team families-only Facebook page "<u>Huron Valley United Racing</u>" after you are registered. We place a jersey/cycling shorts order in mid-May and early summer (if there are enough orders) to arrive in time for the races. Our team is charging a \$125 fee per student (which now includes a jersey top and water bottle) and MiSCA additionally charges a \$75 registration fee.
- 3. If you choose to race, there is also a small fee per race. Race registration is open now. If you need equipment or upgrades, please don't hesitate to reach out. We can assist you in the right direction.



We are looking forward to riding the trails with you! Please email hvunitedracing@gmail.com with any questions.

Happy Trails, Darin Kowalski, Head Coach Huron Valley United Racing

Facebook Team: "Huron Valley United Racing" (registered team families only)

Facebook Club: "Huron Valley Mountain Bike Club" (public)

Instagram: "hv_mtb"